

PARENT CONVERSATION STARTERS

School Tech

- 1. Do you ever use school tech (like Google Slides, Docs, or Classroom) to chat with friends or classmates?
- 2. Have you ever seen anyone use school tools in funny or creative ways to talk to others?
- 3. Is there ever drama, joking, or inappropriate messages happening in those online school spaces?
- 4. Have you ever seen or experienced anything online at school that made you uncomfortable?
- 5. Do you feel like teachers can see what happens in those tools, or do students think it's private?
- 6. Have you ever felt distracted or stressed by how much tech is used during the school day?
- 7. Do you think school tech helps you learn, or do you wish things were more hands-on?
- 8. If you were in charge of school technology, what would you keep, change, or get rid of?
- 9. What can we do at home to support you in using school tech in a balanced and positive way?

Teen Slang

- 1. What are some words or phrases your friends use a lot that adults might not understand?
- 2. Are there any slang terms that mean something kind or uplifting?
- 3. Have you ever heard someone use slang in a way that made you uncomfortable or confused?
- 4. Do you think it's important for adults to try and understand teen slang? Why or why not?
- 5. Are there any slang words that are used to hide things from adults?
- 6. What slang should I definitely not try to use as your parent?
- 7. If you had to invent a new slang word right now, what would it mean?

Gaming

- 1. What games are you really into right now? What do you enjoy about them?
- 2. Who do you usually play games with—friends from school, online friends, or strangers?
- 3. Have you ever had a negative experience while gaming? How did it make you feel?
- 4. What do you think is a healthy balance between gaming and other activities?
- 5. Do you think some games affect your mood—either positively or negatively?
- 6. How do you handle it when a game doesn't go your way or someone is rude online?
- 7. What can we do as a family to make sure gaming stays fun and positive for you?



PARENT CONVERSATION STARTERS

A.I.

- 1. Do you use any AI tools at school or for fun? (like ChatGPT, filters, autocorrect, etc.)
- 2. How do you feel about computers being able to write, create art, or talk like people?
- 3. Do you think it's okay to use AI to help with homework or schoolwork? Why or why not?
- 4. What are some good things AI can do—and what might be the risks?
- 5. How can we be smart and thoughtful when using Al in our everyday lives?
- 6. What do you think the world will be like when you're an adult, with AI all around?

Group Texting

- 1. Are you part of any group texts or chats? What do you like about them?
- 2.Do you ever feel left out, stressed, or overwhelmed by group messages?
- 3. What kinds of conversations usually happen in your group chats?
- 4. Have you ever had to deal with drama or conflict in a group chat? How did you handle it?
- 5. Do you feel pressure to respond right away, even when you don't want to?
- 6. How can we talk through situations together if something in a group chat feels wrong or uncomfortable?
- 7. What advice would you give a younger sibling about group texting?
- 8. Group Texting Prompts:

a. Private" Isn't Really Private

i. "Even if a message feels personal or safe in a group, anyone can screenshot or forward it."

b. Group Chats = Peer Pressure Amplifiers

- i. "You don't have to respond to everything right away. It's okay to take a break."
- ii. Help your child manage boundaries and expectations of availability.

c. Respect and Inclusion Matter

- i. "Would you say this in person? If not, don't send it."
- ii. Encourage empathy and reinforce inclusion; discuss the impact of being removed from or left out of chats.

d. Use Settings Wisely

- i. "Mute notifications. Leave chats that make you uncomfortable."
- ii. Teach kids how to manage settings (mute, leave, report), and normalize walking away from toxic spaces.

e. Open-Door Tech Policy

- i. You can talk to me about anything you see or experience online."
- ii. Create trust with regular, judgment-free check-ins about digital life.